

SUD ITALIA

Creating Memories in Southern Italy

It is with great pleasure that we invite you to our once-in-a-lifetime journey to Southern Italy.

Enjoy the breathtaking landscapes, the ever present art, the fragrance of the orange groves, different tastes of the regional cuisines, Musicality of the language and the joy of sharing life with this passionate people.

It will be a unique and truly authentic experience.

Yoga and meditation are available every day.

After a scrumptious breakfast, we embark on our adventure, visiting and sketching the amazing vistas that have inspired so many artists through the ages.

Experience the local lifestyle with plenty of time to just relax into *il dolce far niente*.

The activities are designed for people of all ages and abilities. This is an opportunity to discover so much about yourself as well as the different Italian regions and their culture.

APULIA

7th/ 21st SEPTEMBER 2019

TRIP 1

Apulia, the heel of the Italian boot, is famous for its amazing coastline, the beautiful mixture of Greek, Roman, Norman and Spanish Architecture, its delicious food, the genuine, real people.

It is a must if you want to fall in love with the still authentic Italy.

After the airport pick-up we drive slowly through the Itria Valley to arrive at our home. Fabio and his family welcome us with open arms in their 17th century *Masseria*, a traditional building and adjoining estate owned by the same family for generations.

On the property there are some *Trulli*, unique buildings characterised by circular shape, white dry stone walls, small windows and spectacular pinnacles.

The house has been ethically and carefully restored with all modern comforts, including a great swimming pool.

The estate is a source of extraordinary produce: oil, cheeses, salami, preserves. This is a gourmet paradise!

Mamma's breakfast is a mystical experience! We can learn how to prepare *Orechiette* and *Panzerotti* and other delicious regional dishes.

This is a strategic location to visit the whole region. Just 2 Km away is the hamlet of Cisternino, listed amongst the borghi più belli d'Italia (most beautiful villages in Italy). It still retains its spiritual authentic feel, untouched by tourism.

The close village of Alberobello is, among others in Apulia, a UNESCO world heritage site.

Martina Franca, the Baroque city, Ostuni the white city, Otranto, Monopoli, with the historical harbour, Grotta della Poesia (poetry grotto), Locorotondo, Gallipoli, Lecce known as The Pearl of the Deep South. So many unique places to marvel in!

Spectacular walks, swims in the invigorating Turquoise Ocean, cultural excursions. The days are full of possible activities.

The nights in Italy are always a time to party, to parade in the piazzas, to eat, drink and be merry!

This enchanted area inspires creativity, Art and relaxation. The splendour of the white beaches between two seas, Ionian and the Adriatic, the scent of wild herbs, twisted olive trees and the street life, once again the rustic authentic food give a glimpse of what life in Italy is all about.

AMALFI COAST

21st / 28th September 2019

TRIP 2

La dolce vita

This week we travel by train, bus, boat, taxi and private car along one of the most beautiful coast lines in Europe.

A spectacular scenic trip on the Amalfi Coast, taking in Positano, Isle of Capri, Ravello, Sorrento just to name a few.

Our residence is a stunning comfortable villa by the sea in the enchanting village of Vico Equense.

Lunch in Amalfi, shopping in Positano, hot springs in Ischia, boat rides, sipping Limoncello in Capri, Pompei, exchanging smiles and singing along with the locals...

There is no fixed itinerary, as the Amalfi Coast will take us on its own journey. Are you ready for some life long memories to be made as there are so many experiences to be found in this historically famous *Pathway of the Gods*

SICILIA AMORE MIO

28th September / 10th October 2019

TRIP 3

Sicily is indisputably the richest Italian region for Art and Architecture. Home to wonderfully preserved Greek Temples, Roman Villas and Norman Cathedrals.

Its beautiful seas, volcano and mountain scenery were once the site of fierce ancient battles. Sicily is rightfully called the crossroads of the Mediterranean.

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During this trip we explore the South-east of Sicily. This is a tour to discover the original flavour of this wonderful island, its amazing people famous for their Arabic hospitality.

The adventure includes visits to many sites that testify to Sicily's incredible cultural heritage, in a journey through some of its breathtaking beauties.

Enchanting Taormina, ancient Art, Markets and Arancini in Catania, Montalbano's Ragusa, the mosaics in Piazza Armerina, glorious Noto, the pistachios in Bronte, Vindicari's coastal sanctuary and more.

The accommodation in Taormina belongs to Claudio, Giovanna's friend. A spacious home with wonderful sea views over Isola Bella. **www.recidenceschuler.com**

Annamaria organic farm close to Noto is our other Sicilian home.

www.ilbagolaro.com

Pamela with her wealth of Artistic knowledge and love for Art Teaching supports and guides us as we sketch our visual experiences in our journals. We capture, record and recreate our memories as quick drawings, notations, colour, mosaic patterns, poetry and photography.

Giovanna is our organiser and guide. She shares her passion and knowledge of her homeland: its History, Art, Language, Fashion, Regional Food and Wine. She takes us to places only known by locals...and she drives the "getaway car".

We offer 3 different journeys.

You can participate in one, two or all...

The groups are small, max 6 people. Get in touch soon!

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PUGLIA

7th-20th September 2019

\$3.900 pp (double occupancy) \$300 extra for single room.

A deposit of \$500 is required by the 31st of December to ensure your place.

Included in the price:

- Italian Airport pick up and drop off
- 13 nights' accommodation
- Scrumptious breakfasts everything homemade!
- Welcome dinner
- Transport with driver
- Local guide
- Art tutoring

AMALFI COAST

21st-28th September

The Price in Minori for an apartment is estimated to be \$1500 pp for 7 nights and will be discussed individually, according to your preferences as Amalfi Coast is a free time. There is no fixed itinerary or Art tuition.

We have also temporarily reserved a 4 Bedroom *Villa in Minori Campania Italy Villa sul mare della Costa Amalfi*
Dates: 21st September to 28th September.

SICILIA AMORE MIO

30th September-10 October

\$3.400pp (double occupancy) \$300 extra for single room.

It included in prices:

- Catania airport pick up and drop off
- 9 nights' accommodation
- Scrumptious breakfasts
- Welcome dinner
- Transport with driver
- Local guide
- Art tutoring

Not included in prices:

- Flights to and from nearest airport
- Travel insurance (compulsory)
- Meals not specified above

Our travel agent Francesca is very happy to assist you for the flights and insurance.

Francesca Mosca

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Looking forward to hearing from you soon.

Ciao

Giovanna and Pamela

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